

# Conscious Classroom Management

Presented by Rick Smith



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## About This Program

In the LumiBook *Conscious Classroom Management* Rick Smith and Grace Dearborn examine classroom management challenges that teachers face in the 21st century classroom. This book is based on three premises: students want to learn content, students want to learn appropriate behavior, and teachers have a responsibility to teach both.

The video segments in this program reinforce points in the LumiBook. They range from short discussions on Mr. Smith’s underlying philosophies on student and teacher behaviors to strategies for dealing with specific behaviors in the classroom.

## Meet Our Presenters

Rick Smith is an experienced teacher and educational consultant. Mr. Smith primarily taught at-risk students for more than 14 years and served as a mentor and mentor coordinator for seven years. His goal is to offer students and teachers practical tools and support for navigating the classroom management experience.

Grace Dearborn is an experienced teacher and international presenter on classroom management and brain-compatible teaching. She has 15 years experience teaching at-risk youth in the San Francisco Bay area.

## Music for Transitions

## Segment 9

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### Opening Activity

Before viewing the video segment, discuss the following prompt with the whole learning group.

**What transition in your classroom takes the most time and/or causes the most disruption?**

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### Video Outline (2:27 in length)

- Kim Wichert, a science teacher at Alice Buffet Magnet Middle School in Houston, Texas, uses music to help her students transition from one activity to another.
- Because her students know the musical cues, Ms. Wichert doesn't need to raise her voice to tell her students what to do.
- Her students know it is time to clean up and that they must be finished and in their seat for the next activity by the time the music finishes.
- When choosing a piece of music for transitions, consider the following:
  - the length of the transition time
  - the kind of music: something students will like, something you can stand to hear over and over again, something with energy
- Students will pace themselves to the music.

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### Follow-up Discussion:

1. Make a list of transitions that happen during the day in your classroom (e.g., from activity to activity, from recess to classroom instruction, cleaning up after a project).
2. Brainstorm some pieces of music that would be appropriate for one or more transitions in your classroom.

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### Reflection/Journal Writing

Following the discussion, ask participants to record new learning and ideas in their journals.

Resources

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School Improvement Network

801-566-6500 | 800-572-1153

Fax: 888-566-6888

[www.schoolimprovement.com](http://www.schoolimprovement.com)

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## Resources from School Improvement Network

“Smith R. & Dearborn, G. (2014). *Conscious classroom management: Unlocking the secrets of great teaching*. 2nd ed. LumiBook. School Improvement Network. <http://www.schoolimprovement.com/store/product.php?p=Conscious-Classroom-Management-Lumibook>

“Conscious Classroom Management Overview.” Conscious Classroom Management - Elementary Edition. Edivation program. <https://www.pd360.com/#resources/videos/613>

## Publications available on this topic

Smith R. & Dearborn, G. (2014). *Conscious classroom management: Unlocking the secrets of great teaching*. Fairfax, California: Conscious Teaching Publications.

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Grateful appreciation to

**Rick Smith, Grace Dearborn  
and  
the teachers and administrators of the  
Franklin Elementary School in Houston, Texas  
and  
Alice Buffet Magnet Middle School in Omaha, Nebraska**

for sharing their experiences and expertise.